

The OFSTED Inspection Framework (Jul 2023) states that inspectors will consider whether –

"the provider prepares learners for life in modern Britain by: equipping them to be responsible, respectful, active citizens who contribute positively to society; developing their understanding of fundamental British Values; developing their understanding and appreciation of diversity; celebrating what we have in common and promoting respect for the different protected characteristics as defined in law".

This article indicates which lessons, within which Puzzles, are most related to the different aspects of the British Values expectations. As you will already be aware, there is much threaded throughout all the lessons that supports this, but here we explain which lessons we feel are most pertinent to the more explicit aspects of these within Jigsaw PSHE 11-16.

The Mapping Document (from page 5 onwards) is a simple tool that you can then use to show in more detail how these concepts and ideals of British Values are visited and revisited throughout the programme so that they are fully embedded in the whole school approach rather than being taught as one-off lessons. This then enables you to see where the content of Jigsaw may tie in with other British Values teaching and learning in your school.

To look at the different aspects and how these are developed, you can also follow the progression through the Snapshot Overview document that can be shared with parents so that Students can continue to build on in discussions at home. These can all be found on the Jigsaw Portal by going to the Community > Documents > Mapping Documents.

#### How is each of the British Values included in a Jigsaw Lesson?

The British Values are promoted through the use of the Jigsaw Learning Charter which is shared at the beginning of every Jigsaw PSHE lesson. The Learning Charter is student-centred and aims to encourage students to work together and follow a set of 'ground rules' to create a safe, positive learning environment. The Learning Charter supports the work that is going to happen in each Jigsaw lesson.

Democracy is evident across all puzzles within the Jigsaw PSHE 11-16 programme. Students have lots of opportunities for their voicescto be heard through whole class, group or paired discussions. The Jigsaw Learning Charter aims to ensure that all lessons establish a safe learning environment. The 'ground rules' of the Learning Charter invite students to agree to try and stick to the rules during all Jigsaw lessons. It encourages students (and adults alike) to listen carefully to one another, and respect the right of others whilst having opportunities to have their own opinions and voices heard. Jigsaw encourages students to take ownership of their learning through their 'Reflection' time when considering or recording their thoughts, feelings and ideas in their individual Jigsaw Journals. Many of the Jigsaw PSHE lessons include moments that allow students to pause for thought or discussion, whereby Students can reflect in the moment; considering their thoughts and feelings. Opportunities are given to all of the students to share their thinking, thoughts and ideas with others if they feel comfortable doing so.



The Rule of Law is evident in every Jigsaw lesson when beginning the session with the Jigsaw Learning Charter. Establishing a safe, comfortable environment for all students (and adults) to learn in is paramount to every lesson. Students are also taught about their rights as a child, including those from The United Nations Convention on the Rights of the Child (UNCRC). These are included in all puzzle pieces. At Jigsaw, we believe it is important for students to understand equality and their rights, to understand how both they should be treated, and how they should treat others. A separate mapping document has been created to evidence where these are taught in the Jigsaw 11-16 PSHE programme.

Students are taught the value, importance and reasoning behind why rules exist. There are lots of opportunities throughout all age groups to explore making positive choices as well as how these balances with consequences. Making positive behavioural choices is explored through class, partner and group discussions. Opportunities for students to explore their thoughts during 'Reflection' moments invite students to consider how they feel in the present moment, impacting choices and individual thinking.

#### **Individual Liberty**

Jigsaw provides a structured programme of personal development to nurture the 'whole student' and increase learning capacity, underpinned by mindfulness philosophy and practice. Jigsaw PSHE begins this teaching right from the beginning in the Early Years Foundation Stage and continues to build these skills throughout the 3-11 and 11-16 programs. This offers opportunities for students's spiritual, moral, social and cultural (SMSC) development. At Jigsaw, we believe these opportunities are vital for students's development, understanding of themselves and others, and increasing their capacity to learn. Students are provided with opportunities to make informed choices and feel comfortable expressing their views. The ethos of a Jigsaw lesson aims to always make every student feel welcomed, valued and comfortable and therefore promotes a positive learning environment.

#### Mutual respect

One of the key aspects of Jigsaw is how we enable and teach Students to have respectful discussions on sensitive subjects. Jigsaw aims to provide a structured lesson format in which a safe learning environment is created. Each lesson plan includes phrasing, suggested use of language and terminology as well as suggestions for asking open- ended questions sensitively and reflectively. Jigsaw lesson plans provide these prompts through 'invite the students to consider/discuss' questions. These are designed to support adults leading the session to feel confident in connecting with students to think about how they feel or what their opinions/ideas may be. Often this includes topics which involve thought-provoking and sensitive subjects. As students get older they build on previous knowledge and skills to develop their ability to listen to others respectfully, debate other people's views and consider ways that we can be accepting of those who may be different to ourselves. Even in lessons where different points of view are encouraged, and issues may be debated, the Learning Charter is always revisited and its expectations reinforced. This ensures that students feel enabled to freely express their faith, feelings and values in an environment of mutual respect.



#### Tolerance of those of different faiths and beliefs

The Celebrating Difference puzzle specifically looks at how we might differ in many ways, but that there are human and spiritual elements in us all where we can find a connection and empathy with each other, no matter how much the world might find difference a cause for conflict. Jigsaw aims to go beyond 'tolerance' to help students 'celebrate difference', their own individuality and that of others.

The students learn to be interested in what makes us all unique throughout the 11-16 program including the way we embody our beliefs, feelings and values. Elements of the Equality Act are examined within this puzzle which again ensures that the faiths, feelings and values of others are respected. Schools with Jigsaw embedded into their everyday life will also invoke the Jigsaw Learning Charter in other lessons, for example, in Religious Education. This ensures that students understand that the respect we discuss in Jigsaw PSHE permeates into other areas of school life and supports schools in ensuring that all differences in faith and beliefs are celebrated and respected.

#### Where will I find lessons teaching British Values?

All the British Values - Democracy, Rule of Law, Mutual Respect, Individual Liberty and Tolerance of those of Different Faiths and Beliefs - are most clearly reflected in the first three Puzzles every year, but are also reflected in other later teachings, particularly the Relationships Puzzle. In the progression documents, you can see where empathy, democracy, respect, explicit British Values, equality, respecting differences, the roles of different people in our societies and the different communities that we are all part of – are all taught.

Specific lessons are not taught on each of the British Values. The content of lessons, including the learning intentions contribute to an understanding of aspects of the five British values, which are evident across all age groups and puzzles. The numbers in the boxes below refer to the lesson plan in that Puzzle (unit) that contributes most to the British Value.

#### Spiritual, Moral, Social and Cultural education

The effectiveness of Spiritual, Moral, Social and Cultural education can also be evaluated by Ofsted inspectors under the personal development judgement.

#### Spiritual development

- ability to be reflective about their own beliefs (religious or otherwise) and perspective on life
- knowledge of, and respect for, different people's faiths, feelings and values
- sense of enjoyment and fascination in learning about themselves, others and the world around them
- use of imagination and creativity in their learning
- willingness to reflect on their experiences



#### Moral development

- ability to recognise the difference between right and wrong and to readily apply this
  understanding in their own lives, and to recognise legal boundaries and, in doing so,
  respect the civil and criminal law of England
- understanding of the consequences of their behaviour and actions
- interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues

#### Social development

- use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively
- acceptance of and engagement with the fundamental British values of democracy, the
  rule of law, individual liberty and mutual respect and tolerance of those with different
  faiths and beliefs. They will develop and demonstrate skills and attitudes that will allow
  them to participate fully in and contribute positively to life in modern Britain

#### Cultural development

- understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and that of others
- understanding and appreciation of the range of different cultures in the school and further afield as an essential element of their preparation for life in modern Britain
- ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities
- knowledge of Britain's democratic Parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain
- willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities
- interest in exploring, improving understanding of and showing respect for different faiths
  and cultural diversity and the extent to which they understand, accept, respect and
  celebrate diversity. This is shown by their respect and attitudes towards different
  religious, ethnic and socio-economic groups in the local, national and global communities

In the tables below the individual lesson where each of these aspects are addressed are indicated.



### Mapping SMSC, Emotional Literacy Domains and British Values, By Age Group and Lesson

### Being Me In My World - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	✓	
2	<b>√</b>	✓	✓	
3	<b>√</b>	<b>√</b>		✓
4	<b>√</b>	✓		
5	<b>√</b>	✓		✓
6	✓	✓		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	✓		✓	
2	<b>√</b>	✓		✓	✓
3	<b>√</b>	<b>√</b>		✓	✓
4	<b>√</b>	✓	<b>√</b>		
5	<b>√</b>	<b>√</b>	✓		
6	<b>√</b>	✓			

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	$\checkmark$	
2			✓	<b>√</b>	
3			✓	<b>√</b>	
4			✓	✓	
5		✓	✓	✓	
6		<b>√</b>	✓	<b>√</b>	



### Celebrating Difference - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>√</b>		<b>√</b>
2	<b>√</b>	✓		<b>√</b>
3	<b>√</b>	✓		<b>√</b>
4	<b>√</b>	✓		<b>√</b>
5	<b>√</b>	✓		
6	<b>√</b>	<b>√</b>		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	✓	✓	
2	<b>√</b>	<b>√</b>	✓	✓	✓
3	<b>√</b>	<b>√</b>		✓	✓
4	<b>√</b>	<b>√</b>	<b>√</b>	✓	
5	<b>√</b>	<b>√</b>	<b>√</b>	✓	✓
6	<b>√</b>	<b>√</b>	<b>√</b>		

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	<b>√</b>	✓
2		✓	✓	<b>√</b>	
3		✓	✓	<b>√</b>	
4		✓	✓	<b>√</b>	✓
5		✓	✓	<b>√</b>	✓
6		✓	✓	<b>√</b>	✓



## Dreams & Goals - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>			
2	✓			
3	<b>√</b>		✓	
4	✓	✓		<b>✓</b>
5	<b>√</b>	✓		<b>√</b>
6	<b>√</b>	<b>✓</b>		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>			✓	✓
2	<b>√</b>	<b>√</b>		✓	
3	<b>√</b>		✓	✓	✓
4	<b>√</b>	<b>√</b>	✓	✓	✓
5	<b>√</b>	<b>√</b>	✓	✓	✓
6	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2	<b>√</b>		<b>√</b>	✓	
3			✓		
4		<b>√</b>	<b>√</b>	<b>√</b>	
5		<b>√</b>	✓	✓	
6		<b>√</b>	✓	✓	



# Healthy Me - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>		✓	
2	✓			✓
3	<b>√</b>			<b>√</b>
4	✓			
5	✓	✓		<b>✓</b>
6	<b>√</b>	<b>√</b>	<b>√</b>	

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	$\checkmark$	✓	✓	✓	<b>√</b>
2	✓		✓	✓	✓
3	$\checkmark$		✓	✓	✓
4	✓	✓		✓	✓
5	✓	✓	✓	✓	
6	<b>√</b>		✓	<b>√</b>	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	$\checkmark$	
2			✓		
3			<b>√</b>	<b>√</b>	
4			✓	✓	
5	✓	$\checkmark$	✓	$\checkmark$	✓
6			✓	✓	



#### Relationships - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	$\checkmark$	$\checkmark$		
2	<b>✓</b>	<b>✓</b>		
3	<b>✓</b>			
4	<b>✓</b>	✓		<b>√</b>
5	<b>✓</b>	✓		<b>√</b>
6	✓	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
2	<b>√</b>	✓			<b>√</b>
3	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>
4	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
5	<b>√</b>	<b>√</b>		✓	✓
6	<b>√</b>		<b>√</b>		<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	✓	✓	
2			✓		
3			✓	✓	✓
4			✓	✓	
5	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>✓</b>
6			<b>√</b>	<b>√</b>	



### Changing Me - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	<b>√</b>		<b>√</b>
2	<b>√</b>	✓		<b>√</b>
3	<b>✓</b>	<b>√</b>		
4	<b>✓</b>	✓		<b>√</b>
5	✓		<b>✓</b>	
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	<b>√</b>			<b>√</b>
2	<b>√</b>	✓			✓
3	<b>√</b>	<b>√</b>			✓
4	<b>√</b>	<b>√</b>			✓
5	<b>√</b>	✓		✓	✓
6	<b>√</b>			<b>√</b>	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	✓	$\checkmark$	
2			✓	✓	✓
3	✓		✓	✓	
4	✓	✓	✓		
5			✓		
6			<b>√</b>	<b>√</b>	



## Being Me In My World - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓			✓
2	✓			✓
3	✓			✓
4	✓		✓	✓
5	✓	<b>√</b>	✓	✓
6	✓	<b>√</b>		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	✓		<b>✓</b>	
2	<b>✓</b>	✓	✓	<b>√</b>	
3	<b>✓</b>		✓	<b>√</b>	✓
4	<b>√</b>	✓		✓	✓
5	<b>✓</b>	✓	✓		
6	<b>√</b>	<b>√</b>	<b>√</b>	<b>✓</b>	<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓	<b>√</b>	✓
3			✓	<b>√</b>	
4			✓	<b>√</b>	
5	✓	✓	✓	✓	✓
6		✓	✓	✓	✓



# Celebrating Difference - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	<b>✓</b>		✓
2	<b>√</b>	<b>√</b>		<b>√</b>
3	<b>✓</b>	<b>√</b>		✓
4	<b>✓</b>	<b>√</b>		✓
5	✓	✓		<b>✓</b>
6	<b>√</b>	✓		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	<b>√</b>	✓	<b>√</b>	<b>✓</b>
2	<b>√</b>	✓	✓		
3	<b>√</b>	✓	✓		
4	<b>✓</b>	✓	✓		<b>√</b>
5	<b>✓</b>	✓	✓	<b>√</b>	<b>√</b>
6	<b>√</b>	✓	✓	<b>✓</b>	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	✓
2	<b>√</b>	<b>√</b>	✓	<b>√</b>	<b>✓</b>
3	✓		✓	<b>√</b>	✓
4		✓	✓	<b>√</b>	✓
5	✓			✓	✓
6		✓	✓	<b>√</b>	✓



### Dreams & Goals - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>			<b>√</b>
2	✓	✓		<b>√</b>
3	✓	✓		<b>√</b>
4	✓			<b>√</b>
5	✓	✓		<b>✓</b>
6	✓	✓		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	<b>✓</b>		<b>√</b>	
2	<b>√</b>	<b>√</b>		✓	
3	<b>√</b>	<b>√</b>	✓	<b>√</b>	<b>√</b>
4	<b>✓</b>	<b>✓</b>		<b>√</b>	
5	<b>√</b>	<b>√</b>	✓	✓	
6	<b>√</b>	<b>√</b>	✓	<b>√</b>	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2	<b>√</b>	<b>√</b>	<b>√</b>		
3		✓	<b>√</b>	<b>√</b>	✓
4			<b>√</b>		
5			✓		
6	<b>√</b>	<b>√</b>	✓		



## Healthy Me - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓	$\checkmark$		
2	<b>✓</b>	<b>√</b>		
3	<b>✓</b>	<b>✓</b>	<b>√</b>	<b>✓</b>
4	<b>✓</b>	<b>✓</b>		<b>√</b>
5	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>			<b>√</b>	
2	<b>√</b>	✓	<b>√</b>	✓	<b>√</b>
3	<b>√</b>			✓	✓
4		✓		<b>√</b>	✓
5	<b>√</b>			✓	✓
6	<b>√</b>		<b>√</b>	<b>√</b>	<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	✓		
2		$\checkmark$	✓	<b>√</b>	
3			✓	<b>√</b>	
4		✓	✓	✓	<b>√</b>
5			✓		
6			<b>√</b>	✓	



#### Relationships - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓		✓	
2	<b>✓</b>	✓		
3	<b>✓</b>			<b>√</b>
4	<b>✓</b>	<b>√</b>		✓
5	<b>✓</b>	✓		
6	<b>✓</b>	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	<b>✓</b>	<b>√</b>		✓
2	<b>✓</b>	<b>✓</b>	<b>√</b>		✓
3	<b>√</b>	<b>√</b>			✓
4	<b>√</b>	<b>√</b>	<b>√</b>		✓
5	<b>√</b>	<b>√</b>			✓
6	<b>√</b>		<b>√</b>		✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓	✓	
3			<b>✓</b>	<b>√</b>	✓
4	<b>√</b>		✓	✓	✓
5		<b>√</b>	✓	✓	
6			✓	✓	



## Changing Me - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>√</b>	<b>✓</b>	✓
2	✓	✓	✓	<b>✓</b>
3	✓	✓	✓	<b>√</b>
4	<b>√</b>	✓	<b>✓</b>	<b>√</b>
5	<b>√</b>	✓	<b>✓</b>	<b>√</b>
6	✓	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>✓</b>	✓			✓
2	<b>✓</b>	<b>√</b>	✓		✓
3	<b>✓</b>	<b>√</b>			✓
4	<b>✓</b>				✓
5	<b>√</b>	<b>√</b>			✓
6	<b>√</b>		✓		✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	✓	$\checkmark$	
2		<b>√</b>	<b>✓</b>	<b>√</b>	
3		<b>√</b>	✓	<b>√</b>	
4		<b>√</b>	<b>✓</b>	<b>√</b>	
5	<b>√</b>	<b>√</b>	<b>✓</b>	<b>√</b>	<b>√</b>
6			✓	✓	



## Being Me In My World - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	✓		✓
2	<b>√</b>	✓		
3	<b>√</b>	✓		✓
4	<b>√</b>	✓		✓
5	<b>√</b>	✓		✓
6	<b>√</b>	✓		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>
2	<b>√</b>	✓	<b>√</b>	✓	<b>√</b>
3	<b>√</b>	✓			<b>√</b>
4	<b>√</b>	<b>√</b>	<b>√</b>	✓	<b>√</b>
5	<b>√</b>	✓	<b>√</b>		✓
6	<b>√</b>	✓	<b>√</b>	✓	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	$\checkmark$	
2		<b>√</b>	<b>√</b>	<b>√</b>	
3			<b>√</b>	✓	
4			<b>✓</b>	<b>√</b>	
5		<b>√</b>	<b>√</b>	<b>√</b>	
6			<b>√</b>	<b>√</b>	



### Celebrating Difference - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	✓	✓		✓
3	✓			✓
4	✓	✓		
5	✓	✓		✓
6	✓	✓		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
2	<b>√</b>	✓	✓	✓	✓
3	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>
4	<b>√</b>	<b>√</b>	<b>√</b>		
5	<b>√</b>	✓	✓		
6	<b>√</b>	✓	<b>√</b>		

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	<b>√</b>	✓	
2	✓	✓	✓	✓	✓
3			<b>√</b>	✓	✓
4			✓	✓	✓
5		✓	✓	✓	✓
6		✓	✓	✓	✓



## Dreams & Goals - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	✓	✓
2	✓			
3	✓	✓		✓
4	✓	✓	✓	✓
5	✓	✓		✓
6	✓		✓	✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>		<b>√</b>	<b>✓</b>
2	<b>√</b>	✓		✓	
3	<b>√</b>	✓	✓	✓	✓
4	$\checkmark$	✓	✓	✓	<b>✓</b>
5	<b>√</b>	✓	✓	✓	✓
6	<b>√</b>		✓	✓	<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	$\checkmark$		✓		
2	✓		✓		
3			✓	<b>√</b>	
4	✓		✓		
5	✓		✓		
6			✓		



## Healthy Me - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	<b>√</b>	✓		✓
3	<b>√</b>	<b>√</b>		✓
4	<b>√</b>	✓		
5	<b>√</b>	✓	<b>√</b>	✓
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
2	✓	<b>√</b>	<b>√</b>	✓	✓
3	✓	<b>√</b>	<b>√</b>	✓	✓
4	✓	✓	<b>√</b>	✓	✓
5	✓	✓	<b>√</b>	<b>√</b>	✓
6	<b>√</b>		<b>√</b>		<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	$\checkmark$	
2		✓	✓	✓	
3			✓	✓	
4			✓	✓	
5			<b>√</b>	<b>√</b>	
6		<b>√</b>	<b>✓</b>	$\checkmark$	



#### Relationships - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	✓		✓
2	<b>√</b>	✓		
3	<b>✓</b>	✓		
4	<b>√</b>	✓		
5	<b>√</b>	✓		<b>√</b>
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	$\checkmark$		<b>√</b>
2	<b>√</b>	✓	✓		<b>√</b>
3	<b>√</b>				
4	<b>√</b>	✓			<b>√</b>
5	<b>√</b>	✓			<b>√</b>
6	<b>√</b>		✓		<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	<b>√</b>	
2		✓	✓	<b>√</b>	
3		✓	✓	<b>√</b>	
4		✓	✓		
5		✓	✓		
6			✓	<b>√</b>	



# Changing Me - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	✓	✓	
2	<b>√</b>	✓	✓	
3	<b>√</b>		✓	<b>√</b>
4	<b>√</b>	✓	✓	
5	<b>√</b>	✓	✓	
6	<b>√</b>	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	✓
2	<b>√</b>	✓	✓	✓	✓
3	<b>√</b>			✓	✓
4	<b>√</b>	✓	✓	<b>√</b>	✓
5	<b>√</b>	✓	✓	<b>√</b>	✓
6	<b>√</b>		✓		✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			<b>√</b>		
2			<b>√</b>		
3			<b>√</b>		
4			<b>√</b>	✓	
5			<b>√</b>		
6			<b>√</b>	✓	



# Being Me In My World - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	<b>√</b>		✓
2	<b>√</b>	✓	✓	✓
3	<b>✓</b>			✓
4	<b>√</b>	✓		✓
5	<b>√</b>	✓		
6	<b>√</b>	✓		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	$\checkmark$	✓	<b>√</b>	
2	✓	<b>√</b>	✓		✓
3	✓	<b>√</b>		✓	
4	✓	<b>√</b>	✓	<b>√</b>	
5	✓	<b>√</b>			
6	✓	<b>√</b>	✓	✓	<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	<b>✓</b>	✓	<b>✓</b>	✓	✓
2			✓	✓	✓
3			✓	✓	
4		✓	✓	✓	✓
5		✓	✓	✓	
6			✓	✓	✓



# Celebrating Difference - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	<b>√</b>	✓	
2	<b>√</b>	✓		<b>√</b>
3	<b>✓</b>	✓	✓	✓
4	<b>✓</b>	✓		✓
5	<b>√</b>	✓		<b>√</b>
6	<b>✓</b>	<b>√</b>		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	<b>√</b>		<b>✓</b>
2	<b>√</b>	✓	✓		✓
3		✓	✓		✓
4	<b>√</b>	✓	<b>√</b>		<b>√</b>
5	<b>√</b>	✓	✓	✓	✓
6	<b>√</b>	✓	✓	✓	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	✓	$\checkmark$	
2		<b>√</b>	✓	✓	
3	<b>✓</b>	<b>√</b>	<b>√</b>	✓	✓
4		<b>√</b>	✓	✓	✓
5	<b>√</b>	✓	✓	✓	✓
6		<b>√</b>	✓	✓	✓



# Dreams & Goals - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>√</b>		<b>√</b>
2	✓	✓	✓	
3	<b>√</b>	✓		<b>√</b>
4	✓	✓	✓	
5	✓	✓	✓	<b>√</b>
6	<b>√</b>	<b>√</b>		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	$\checkmark$		<b>√</b>	✓
2	<b>✓</b>			✓	✓
3	<b>√</b>	<b>√</b>		✓	✓
4	<b>✓</b>	<b>√</b>		✓	✓
5	<b>√</b>	<b>√</b>	✓	✓	✓
6	<b>√</b>		✓	✓	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			<b>√</b>	✓	
3			<b>√</b>	✓	
4			<b>√</b>	✓	
5			✓	✓	✓
6			✓	✓	



## Healthy Me - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>✓</b>		
2	✓	✓		<b>√</b>
3	<b>√</b>	<b>√</b>		
4	✓	<b>✓</b>		
5	✓	<b>√</b>	✓	✓
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	$\checkmark$			$\checkmark$	<b>√</b>
2	✓			✓	✓
3	✓		✓	✓	✓
4	✓	<b>√</b>	✓	✓	✓
5	✓	✓	✓	✓	✓
6	✓				✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			<b>√</b>		
3			✓	✓	
4			✓	<b>√</b>	
5		✓	✓	✓	
6			<b>√</b>	<b>√</b>	



#### Relationships - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	$\checkmark$	✓	✓	
2	<b>√</b>	✓	✓	✓
3	<b>√</b>	✓		✓
4	<b>√</b>	✓		
5	<b>√</b>	✓		
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓		<b>√</b>	<b>√</b>	
2	✓		<b>√</b>		✓
3	✓	<b>√</b>			✓
4	✓	<b>√</b>			✓
5	✓	<b>√</b>	✓		✓
6	<b>√</b>	<b>√</b>			✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	$\checkmark$	
2		✓	✓	✓	
3		✓	✓	<b>√</b>	
4		✓	✓		
5		✓	✓	✓	
6			✓	✓	



## Changing Me - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>√</b>		<b>✓</b>
2	<b>√</b>	✓		
3	<b>√</b>	✓		✓
4	<b>√</b>	<b>√</b>		<b>√</b>
5	<b>√</b>	✓	✓	
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>			<b>√</b>	
2	<b>✓</b>		✓	<b>√</b>	✓
3	<b>√</b>		<b>√</b>		
4	<b>√</b>	<b>√</b>	<b>√</b>		
5	<b>✓</b>	<b>✓</b>		<b>√</b>	✓
6	<b>✓</b>		<b>√</b>		✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓		✓
3		<b>√</b>	✓	<b>√</b>	✓
4		<b>√</b>	✓	✓	
5			✓		
6			✓	<b>√</b>	



# Being Me In My World - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1	<b>√</b>	<b>✓</b>		✓
2	<b>√</b>	✓	✓	
3	<b>√</b>	<b>✓</b>		✓
4	<b>√</b>	<b>✓</b>		
5	✓	✓		<b>√</b>
6	✓	✓		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>			<b>√</b>	✓
2	<b>✓</b>	✓		✓	✓
3	<b>√</b>	✓	✓	✓	
4	<b>✓</b>	✓	✓		✓
5	<b>√</b>	✓	✓	✓	✓
6	<b>√</b>	✓		<b>√</b>	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓		
2	<b>√</b>	✓	✓	✓	✓
3		✓	✓	<b>√</b>	✓
4		✓	✓	<b>√</b>	
5			✓	✓	
6		✓	✓	<b>√</b>	✓



### Dreams & Goals - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1			✓	✓
2	<b>√</b>	<b>√</b>		
3	✓			<b>√</b>
4	<b>√</b>			<b>√</b>
5	<b>√</b>			
6	<b>√</b>			<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>			✓	✓
2	<b>√</b>			✓	✓
3	<b>√</b>	✓		✓	✓
4	<b>√</b>		✓		✓
5	<b>√</b>	✓	✓	✓	✓
6	<b>√</b>			✓	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓	<b>√</b>	
3			✓	$\checkmark$	
4		✓	✓		✓
5			✓		
6			<b>√</b>	<b>√</b>	



# Healthy Me - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1	$\checkmark$	$\checkmark$	✓	✓
2	<b>✓</b>	✓		✓
3	<b>✓</b>	<b>√</b>		<b>√</b>
4	<b>✓</b>	✓	✓	
5	✓	✓	✓	<b>✓</b>
6	<b>√</b>	<b>√</b>		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	<b>√</b>	<b>√</b>	✓	✓
2	<b>√</b>	<b>√</b>	<b>√</b>	✓	
3	<b>√</b>	✓	✓		✓
4	<b>√</b>	<b>√</b>	✓	✓	✓
5	<b>√</b>	<b>√</b>	✓	<b>√</b>	✓
6	<b>√</b>		✓		<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	✓	✓	
2	<b>√</b>	<b>√</b>	✓	✓	
3			✓	✓	
4			✓	<b>√</b>	
5		$\checkmark$	<b>√</b>	<b>√</b>	
6			<b>√</b>	<b>√</b>	



#### Relationships - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1	<b>✓</b>	<b>√</b>		✓
2	<b>✓</b>	✓		<b>√</b>
3	<b>✓</b>	<b>√</b>		✓
4	<b>√</b>	✓		
5	<b>√</b>	✓		<b>√</b>
6	<b>√</b>	✓		<b>√</b>

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	<b>√</b>	✓	✓		✓
2	<b>√</b>	✓	✓		<b>√</b>
3	<b>√</b>	✓	<b>√</b>		<b>√</b>
4	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>
5	<b>√</b>		<b>√</b>		✓
6	<b>√</b>		<b>√</b>		<b>√</b>

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		$\checkmark$	$\checkmark$	$\checkmark$	
2		<b>√</b>	<b>✓</b>	<b>√</b>	✓
3	✓	<b>√</b>	<b>√</b>	✓	✓
4		<b>√</b>	<b>√</b>	✓	
5	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
6		<b>√</b>	<b>√</b>	<b>√</b>	